

HYDROTHERAPY RESOURCES

Local Resources:

Magda Ciocazan, MPH, LMT – Sandpoint and Bonners Ferry

Magda's Medical Massage and Wellness

www.FaceBook.com/ChattingLifestyle/ FreshAirHealth@gmail.com 208-907-1517

Lucy Julien, B.S., LMT – Spirit Lake; lucyanniec@yahoo.com.br 918-340-8236

Lisa Meissner, CMT – Sandpoint

The Lost Art of Natural Remedies: Hydrotherapy

www.SusPrep.com lisa@susprep.com

Gwen Shorter – Priest River

<http://HomewardPublishingministries.com> Gwen.SDA@gmail.com 1-800-823-0481

Brent Waggoner, LMT, Herbalist & Shari Waggoner, RN, LMT – Bonners Ferry

waggonerusa@gmail.com 208-360-1406

Resources for Further Study:

Buchman, Dian, Buchman, Ph.D., Cailtil. *The Complete Book of Water Healing* / Edition 2. McGraw-Hill Professional Publishing, New York, NY. 2001.

Dail, Clarence, MD and Thomas, Charles, PhD. *Hydrotherapy - Simple Treatments for Common Ailments.* TEACH Services, Brushton, New York, 1989.

Dail, Clarence, M.D., Thomas, Charles, Ph.D. *Simple Remedies for the Home.* TEACH Services, Brushton, NY. 1985.

Dinsley, John <http://www.charcoalremedies.com/> <https://www.buyactivatedcharcoal.com/>
<http://www.traditionalhydrotherapy.com/>

Sandoval, Mark, MD. <https://www.youtube.com/DrMarkSandoval>

Sinclair, Marybetts, LMT. *Modern Hydrotherapy for the Massage Therapist.* Lippincott Williams & Wilkins. 2007.

Thrash, Agatha, M.D. *Nature's Healing Practices - A Natural Remedies Encyclopedia.* TEACH Services, Inc. Publishing. Ringgold, GA. 2015

Traditional Hydrotherapy <http://www.traditionalhydrotherapy.com/Techniques/Techniques.html>

Uchee Pines Lifestyle Center: <https://www.uchepines.org/covid19/> 1-877-824-3374 Search the Health Counseling Sheets for any hydrotherapy treatment, disease, or illness protocol desired; Fomentation pads available for purchase.

Wildwood Health Institute: <https://wildwoodhealth.org> 1-800-634-9355

Influenza Pandemic? The Journal of Health and Healing, Vol. 27, No. 1. 2006.

Flu Prevention and Natural Treatments. The Journal of Health and Healing, Vol. 28, No. 2. 2009.