



Meeting #5: Prayer Warrior-Filled with God's Power Homework

Anchoring in Christ Character Activity



Memorize James 3:17 (NKJV)

But the wisdom that is from above is first pure, then peaceable, gentle, willing to yield, full of mercy and good fruits, without partiality and without hypocrisy.

Quiet Time



Spend regular quiet time with Jesus, pray and learn about Him. Journal your time by writing or drawing. With an adult, choose one thing in your life which Jesus has promised to help improve. With His help, pray, plan and work together to reach your goal. Use Activity Book pg. 13-15, to guide you.

Completes the requirements for My God III.

Reading Award



Activity Book Page 4 (Part 2 of 6: Family, Friends or Feelings)
Completes part of Basic II, the Helping Hand Reading Award.

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Armor of God Craft

Read Ephesians 6:11-18 and make your own Armor of God game.
Completes the requirements for Prayer Warrior #1.

Prayer

We all like to spend time talking with our friends. God is our very best friend and He wants to hear from us. Prayer is how we talk to Jesus and stay close to Him. When we pray, we first want to thank Him for His love and care, then we can ask for forgiveness for the wrong choices that we have made, and then share with God ways that we need His help either for ourselves or others. It's good to have regular times that we pray to God, but remember you don't have to wait until then to talk to God. He wants to hear from you anytime and anywhere! Who were some prayer warriors from the Bible? Read about one of them.

Completes the requirements for Prayer Warrior #2-3,5.

Prayer Walk

Sometimes it is fun to take a walk and find things to pray about. Walk around SJA and look for things you can pray about.

Completes the requirements for Prayer Warrior #4,6.



God's Power in My Life



A. Spend regular quiet time with Jesus to talk with Him and learn about Him. Journal your thoughts by writing, drawing, or recording a video.

Here are some ideas. Check off where and when you spent time with Jesus, and what you did. Circle what you like best.

Days

- Sunday
- Monday
- Tuesday
- Wednesday
- Thursday
- Friday
- Saturday

Place

- on my bed
- in my room
- in my favorite chair
- outdoors in a special spot

Time

- when I get up in the morning
- after breakfast
- after supper
- at bedtime
- at _____ o'clock

WHAT TO DO

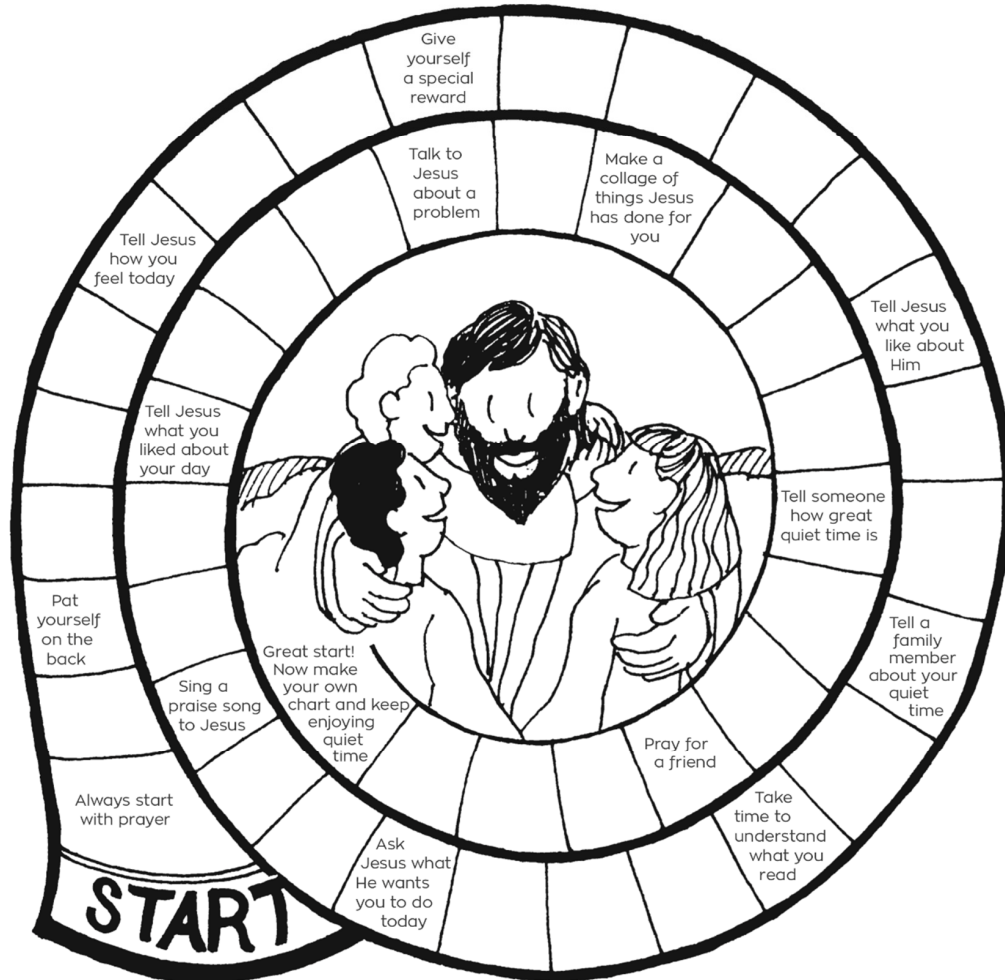
First

- read your Bible
- study your Sabbath School lesson
- read a book about God
- write a Bible verse on a card to keep with you all day

Second

- sing a song
- memorize a verse
- keep a journal or scrapbook
- make a prayer or thank you list
- draw a picture
- write a song, poem, or letter to God

Journal your thoughts by writing or drawing in a square each time you have quiet time.





B. With an adult, choose one thing in your life which Jesus has promised to help you improve. With His help, pray, plan, and work together to reach your goal.

1. Pray that God will help you make a good choice.
2. Name one thing in your life that you know God would like to help you improve. Tell exactly what change you want to make.

3. Use your concordance to find and read what the Bible has to say about this. Write a text that promises God will help you.

4. List steps that will help you make this change. _____

5. Memorize the promises you wrote.

- Every morning, ask God to give you a new heart and ask Him to help you want to do what is right.
- When you are tempted, repeat your promise, then choose to do or think about something else.

6. Be patient. Changing a habit is hard work. If you make a mistake:

- Ask God to forgive you
- Think about what you will do different next time
- Thank God for all the times He has helped you do it right

7. Meet with your adult leader at least once a week. Pray and talk about how it's going.

8. Work together for three weeks or more, until you are meeting your goal consistently. Have a celebration and thank God for His faithfulness.

_____ is consistently reaching his/her goal.

Helping Hand's signature _____

Adult's signature _____