



## Meeting #19: Trees

## Homework



Anchoring in Christ Character Activity

Family Connection Worksheet: Self-Control

\_\_\_\_\_

Trees Worksheet

Complete Trees worksheet.

*Completes requirements for Trees #1,6.*

\_\_\_\_\_

Find it! Bring it!

Collect 10 leaves from different trees, press & dry, and identify them. Research how trees scatter their seeds. Collect or Draw five different seeds. Bring your collections and drawings to club to use for a tree scrapbook.

*Completes requirements for Trees #2,4,7.*

\_\_\_\_\_



## Meeting #19: Trees

## Classwork

Leaf Art

Make two different leaf rubbings or leaf paint prints.

*Completes requirements for Trees #5.*

\_\_\_\_\_

Chocolate Leaves

Coat one side of a leaf in melted chocolate. (Leaves with deep veins work best ex. Maple leaves.) Refrigerate until the chocolate hardens, peel off the leaf, examine the pattern in the chocolate, and eat!

*Completes requirements for Trees #3.*

\_\_\_\_\_

Tree Scrapbook

Make a tree scrapbook to hold your dried leaf collection and seed drawings.

*Completes requirements for Trees #7.*

\_\_\_\_\_



# Family Connection

**OVERVIEW:** A car that drifts out-of-control is dangerous to everyone in its path—and to everyone inside the car.

Similarly, losing control over your temper, emotions, or will-power can cause a lot of unnecessary pain. Self-control means steering your life in a positive direction and doing what is right. When you say “no” to one thing, think of it as saying “yes” to something better—something that can help you reach your goals!

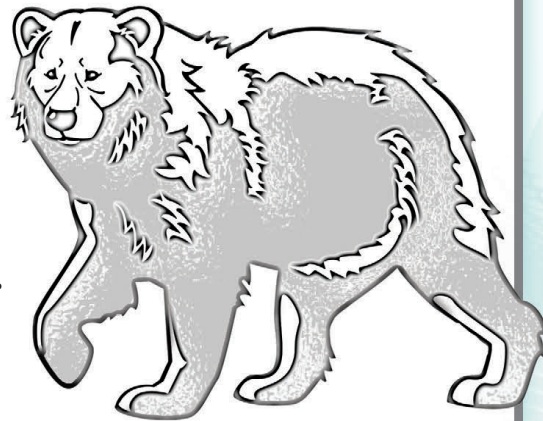
## Self-Control

**Definition:** Choosing to do what is right, even when I don't feel like it

### I WILL...

- Think before I act.
- Control my temper.
- Respect others and their belongings.
- Sit still and be quiet.
- Build healthy habits.

The Black Bear demonstrates self-control as it prepares each year for winter hibernation. The bear stops eating, slows its breathing, and lowers its heart rate while it sleeps.



### CHARACTER QUIZ:

1. Why is it important to do what is right, even when you don't feel like it? \_\_\_\_\_
2. What could happen to someone who has very little self-control? \_\_\_\_\_
3. Self-control includes: **a.** going to bed on time. **b.** not over-eating. **c.** showing good manners. **d.** all of the above.
4. Self-control means you never have any fun: TRUE? or FALSE?
5. What are some healthy habits that can make you a stronger person? \_\_\_\_\_
6. Athletes make a lot of sacrifices in order to reach their goals. Can you think of ways athletes show self-control or self-discipline?  
\_\_\_\_\_

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# Trees



Go on a walk and discover the trees and leaves in your neighborhood. Learn something special about the trees near your home. (Remember you will need to collect, press & dry, and identify 10 different leaves for your trees scrapbook.)

Two Trees that grow near my home are:

\_\_\_\_\_

List one special thing about each tree:

\_\_\_\_\_

\*Look up and read the following Bible verses. Record the trees found in each.

Genesis 8:11

The dove sent out by Noah returned to the ark holding an  
\_\_\_\_\_ leaf.

Joshua 24:26

Joshua set up a large stone under an \_\_\_\_\_ tree that  
was by the Sanctuary.

Jeremiah 1:11

Jeremiah saw an \_\_\_\_\_ tree.

Revelation 22:2

In heaven we will eat from the tree of \_\_\_\_\_.